



WORKSHOP TOPICS

Customized professional development that ensures high quality-instruction and healthy development for all young learners. Workshops offer high engagement and reflections, guided by developmentally appropriate practice.

Michelle Galindo, M.S

ENGAGING



01

Reframing “Children’s Behavior” and How Our Response Matters

Learn about the value of reframing “Children’s behavior” and the impact of our responses on children’s emotions and behaviors. This workshop provides 3 strategies to increase co-regulation and healthy relationships.

02

Temperament & Behavior: A Brain Based Approach

Identify the importance of Temperament Tendencies and interaction strategies that support positive behavior. Reflect on children’s brain functions to increase learning and development.

03

Caring for Ourselves First Equals Responsive Care for our Young Children

Identify strategies to support adult physical, mental and emotional care. Explore self-care and the importance of stress reducing activities. Develop skills to remain calm during challenging moments when guiding young children’s behavior.

REFLECTIVE



04

Integrating Little Brains with Big Feelings in Young Children

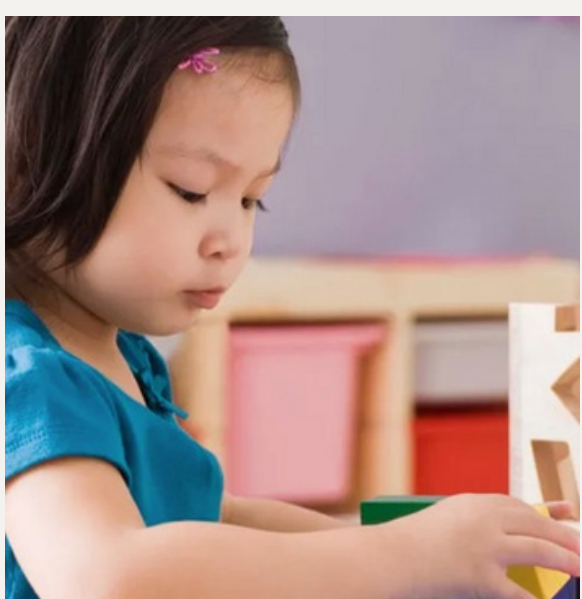
Identify the ability to develop consistent, attuned and responsive relationships with children. Reflect on brain integration and the impact on emotions and behaviors to model self-awareness, be compassionate and empathetic with young children.

05

Relationships at the Heart: Promoting Responsive Care in Early Childhood settings

Reflect on positive ways to provide responsive care for children through connection. Every child deserves responsive and nurturing responses from adults! Let's enhance our interactions with ALL children...together we CAN be better!

PRACTICAL



06

The 3 R’s for Emotional Security for Young Children

Learn about and reflect on your interactions using the 3 R’s: Reassurance, Responsiveness and Regulation to support Emotional Security for young children.

07

Together We Can! Positive Communication with Children and Families of Diverse Cultures

Explore positive communication strategies that promote relationships with children and families. Reflect on the importance of cultural sensitivity, respectful interactions and cultural competence in high quality learning environments

Learn More: Inspiring Minds Training & Consulting

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08

The Power of Routines: A Multi-sensory Approach to Learning

Identify intentional planning strategies to develop a classroom routine and schedule conducive to young learners. Experience a high quality demonstration of a Developmentally Appropriate routine, environment and curriculum using a multi- sensory approach to every learning moment.

09

Ping Pong Play! Interactions that increase Language Skills for Young Children

Explore how Ping-Pong play can be an effective strategy to promote language, cognitive and social emotional skills. Consider a child's cue (ping) and follow up (pong) repeatedly to observe positive learning outcomes.

10

Multi-Sensory Strategies to build children's Cognitive and Language skills!

Identify 3 strategies that build language skills using the science of reading. Learn ways to support brain development skills with Infants/Toddlers or Preschoolers through sensory experiences and interactions.

11

Talk with Me! Promoting Language skills for Dual Language Young Learners

Identify language-supportive interactions for young children learning more than one language simultaneously. Explore strategies to support the learning environment that promotes the ability to learn more than one language. Reflect on information and practices that support bilingual families and bilingual children's learning.

12

Meeting Developmental Milestones for Expressive and Receptive Language for Toddlers

An Early Intervention's perspective to supporting developmental milestones for Expressive & Receptive Language for Toddlers in Family Child Care settings. Identify research based early intervention strategies to promote language skills for toddlers.

13

Learn with Me! Brain Development for Infants and Toddlers

Learn strategies that encourage learning during infancy to promote language and brain development. Reflect on quality learning environments that empower infants and toddlers to thrive.

14

Story Time Comes Alive!

Explore how story times are powerful moments to engage children with new concepts, problem solving skills and promote language, cognitive and social emotional skills.

PRACTICAL



REFLECTIVE



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